

Client Contact Information

First name \*

Enter your first name

Last name \*

Enter your last name

Phone Number \*

+1 (\_\_\_\_) \_\_\_\_-\_\_\_\_

Email \*

example@example.com

Birth date \*

Select month

Select day

Select year

Street address

Enter street address

City

Enter city

State

Enter state

x ▼

Zip code

Enter zip code

Emergency Contact Information

Contact Name

Phone Number

Doctor Contact Information (optional)

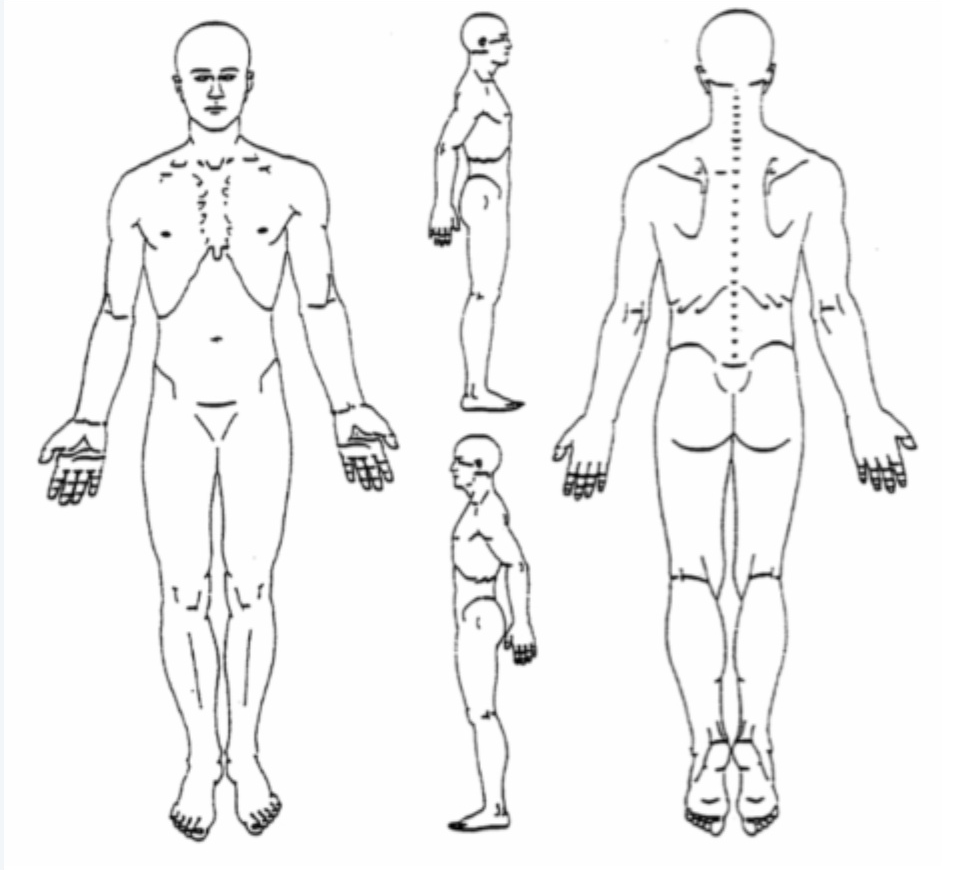
Doctor's Name

Phone Number

How did you hear about us?

## Issues to Address

Click or tap the area(s) in question and describe sensation(s) i.e. tight, sharp pain, sore, bruising, dull ache, etc.



Cause of injury or concern ?

How long since first noticed ?

What are your treatment goals? (Please Indicate Your Selected Massage Method) ? \*

Past treatments ?

COVID-19 SYMPTOMS

Please check the box below if any of the following are true:

- Have had a fever within the last 24 hours
- Recently experienced respiratory/flu symptoms, sore throat, or shortness of breath
- Contact, within the last 14 days, with anyone diagnosed with COVID or related symptoms

☐ COVID Symptoms Questionnaire

RESPIRATORY

- |                                        |                                              |                                     |
|----------------------------------------|----------------------------------------------|-------------------------------------|
| <input type="checkbox"/> Asthma        | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Bronchitis |
| <input type="checkbox"/> Chronic Cough | <input type="checkbox"/> Emphysema           |                                     |

CARDIOVASCULAR

- |                                                     |                                                |                                                  |
|-----------------------------------------------------|------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Blood Clots                | <input type="checkbox"/> Cold Hands            | <input type="checkbox"/> High Blood Pressure     |
| <input type="checkbox"/> Pacemaker                  | <input type="checkbox"/> Varicose Veins        | <input type="checkbox"/> Cardiovascular Accident |
| <input type="checkbox"/> Congestive Heart Failure   | <input type="checkbox"/> Low Blood Pressure    | <input type="checkbox"/> Phlebitis               |
| <input type="checkbox"/> Cerebral-vascular Accident | <input type="checkbox"/> Heart Attack          | <input type="checkbox"/> Stroke                  |
| <input type="checkbox"/> Lymphedema                 | <input type="checkbox"/> Cold Feet             | <input type="checkbox"/> Heart Disease           |
| <input type="checkbox"/> Thrombosis/Embolism        | <input type="checkbox"/> Myocardial Infarction |                                                  |

SKIN

- |                                        |                                           |                                                  |
|----------------------------------------|-------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Bruise Easily | <input type="checkbox"/> Skin Irritations | <input type="checkbox"/> Hypersensitive Reaction |
| <input type="checkbox"/> Melanoma      | <input type="checkbox"/> Skin Conditions  |                                                  |

HEAD & NECK

- ☐ Ear Problems
- ☐ Vision Problems
- ☐ Headaches
- ☐ Hearing Loss
- ☐ Vision Loss
- ☐ Jaw Pain (TMJD)
- ☐ Sinus Problems
- ☐ Migraines

INFECTIOUS CONDITIONS

- ☐ Athlete's Foot
- ☐ Skin Conditions
- ☐ Respiratory Conditions
- ☐ HIV
- ☐ Hepatitis
- ☐ Herpes

REPRODUCTIVE

- ☐ Pregnancy
- ☐ Gynecological Issues

FAMILY HISTORY

- ☐ Cardiovascular Conditions
- ☐ Respiratory Conditions

NEUROLOGICAL

- ☐ Burning
- ☐ Stabbing Pain
- ☐ Multiple Sclerosis
- ☐ Numbness
- ☐ Cerebral Palsy
- ☐ Herniated Disc
- ☐ Tingling
- ☐ Parkinsons

MISCELLANEOUS

- ☐ Allergies
- ☐ Hemophilia
- ☐ Anaphylaxis
- ☐ Arthritis
- ☐ Artificial Joints/Special Equipment
- ☐ Loss of Sensation
- ☐ Stress
- ☐ Gout
- ☐ Other Medical Conditions
- ☐ Cancer
- ☐ Mental Illness
- ☐ Crohn's Disease
- ☐ Osteoarthritis
- ☐ Diabetes
- ☐ Osteoporosis
- ☐ Digestive Conditions
- ☐ Lupus
- ☐ Dizziness
- ☐ Surgical Pins or Wire
- ☐ Epilepsy
- ☐ Rheumatoid Arthritis
- ☐ Fibromyalgia
- ☐ Shingles
- ☐ Insomnia
- ☐ Other Diagnosed Diseases

☐ Other medical conditions

Allergies and other conditions your provider should be aware of

## MEDICATIONS

Please list any medications or drugs you are currently on 

Diligent Medical Massage, LLC Client Intake Form Page 4

## Client Waiver Form

Please take a moment to read and initial the following information:

- I understand that massage therapy is provided for stress reduction, relaxation, relief from muscular tension, and improvement of circulation, range of motion, and energy flow.
- If I experience pain or discomfort during the session, I will immediately inform my therapist so that pressure/strokes can be adjusted to my level of comfort (swedish & relaxation massages only). I will not hold my therapist responsible for any pain or discomfort I experience during or after the session. I also understand that your Find & Fix™ technique, and trigger point therapy may cause me to experience extreme discomfort initially that will subside as my provider holds the pressure. I agree to notify the provider if any discomfort becomes unbearable. I agree that my provider has informed me that I may experience soreness that may persist a couple of days, particularly for Find & Fix™ and Trigger Point Therapy, and have been provided with information to help prevent and alleviate this soreness.
- I understand that the services offered today are not a substitute for medical care. I understand that my therapist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.
- I affirm that I have notified my therapist of all known medical conditions and injuries.
- I agree to inform the therapist of any changes in my health and medical condition. I understand that there shall be no liability on the therapist's part should I forget to do so.
- I understand that massage is entirely therapeutic and non-sexual in nature.
- By signing this release, I hereby waive and release my therapist from any and all liability, past, present, and future relating to massage therapy and bodywork.

Signature \*



Sign above

I have read the statement above and agree to all the policies \*

 MM-DD-YYYY